

2017 MCB CURAÇAO ATHLETICS CHAMPIONSHIP

Title Sponsor:



Days:

Saturday: 24th June 2017
Sunday: 25th June 2017

Venue:

Stadion Ergilio Hato at Brievengat

Set-up: Day 1 and Day 2

- Kids selected overall "top 8" athletes of the competition of 20th and 21st May 2017 are entitled to participate during this championship at the **multi**-events. For U-11 boys it is the top 16. The athletes aged 7/8 and 9/10; quadrathlon, aged 11/12; pentathlon and aged 13/14; heptathlon.
- Junior, Senior and Masters

Time:

Saturday: 24th June 2017: 9:00-13:00 and 16:00-20:30
Sunday: 25th June 2017: 9:00-13:00

Regulation and scores:

The implements will be according to the 2016 – 2017 IAAF competition rules and CAC Age Group 2015 Championship Team Manual. Except in cases where something else is specified in this meet manual. Download the 2016-2017 IAAF competition rules. <http://athleticsnacac.org/index.php/Latest/iaaf-competition-rules-2016-2017-now-online.html>

Participation:

Only athletes register to the CAB via their clubs are allowed to participate. Those athletes that have paid their start license of Fls. 20.= for 2017. Other athletes not registered via club can still participate, but as "exhibition" and are entitled for another price award next to our "own" athletes.

Not registered athletes should pay Fls. 15.= for participation to this meet.

Note: The over-all top eight (8) -Kids (7/8) quadrathlon and Age Group (11/12 and 13/14) in pentathlon and heptathlon –top sixteen (9/10) quadrathlon out from the meet of 20th and 21st May must be entered by the teams according to the list sent.

Those athletes should participated in all, respective, 4, 5 or 7 events.

An event is valid only with participation of three (3) or more athletes.

No award will be submitted for an event with less than three (3) athletes.

An event is valid only with participation of three (3) or more athletes.



Technical Meeting:

Wednesday 21st June 2017 at 19:00 hrs in the technical information center (TIC) at SDK. Start list, schedule, attempts and all other final details will be discussed during this meeting. All changes discussed and agreed upon during the technical meeting will be considered an official part of this meet.

The registration fee (Fls. 5.=) and start license (Fls. 20.=) -if not paid yet -, should also be paid before or during the technical meeting. Participation categories and awarding of our masters athletes will be also discussed during this meeting. Consideration should be taken to facilitate the participation of all our master athletes.

Athletes' Registration:

Registration should be done using the form available on the website of <http://www.goeasyware.com> starting on Monday 12th June 2017. The registration deadline is on Monday 19th June 2017 at 24:00 hrs. Please enter an athlete into an event providing the **best mark** (if available). Providing this best mark of the athlete is of interest for the athletes, coaches and other to see the start list and development in a later stage. With the seed mark; the athlete will also get the most appropriate position in the lanes during track events. All athletes registered for a start license for 2017 have received a **new** bib number, (hard copy), please use this bib number of 2017 in the database of goeasyware. So you have to register using the 2017 bib number in the goeasyware. This new bib number will be the valid through the whole year and should be kept and used during 2017. If an athlete forgets his number; a new number will be available at the meet secretary for the amount of Fls. 5.=.

Registration fee is: Nafl. 5,= per athlete registered with CAB. For nonregistered athletes the fee will be Nafl. 15.=. It's preferable for the payments to use the CAB's bank account at MCB 27896004. A copy of the bank transaction should be submitted to the treasurer of the federation during the technical meeting. Payment due date is 21st June 2017 during the technical meeting. **Note:** The treasurer for this meet is Mrs. Maylayn Phelipa (522-0737).

Bib numbers:

All athletes should wear their one (1) originally **printed** bib number during the competition. Self-made number will be not accepted.

The usage of bib numbers is mandatory.

Participants from abroad will get a bib number upon registration.

Events, categories and technical rules:

All athletes should be registered according to their age on 31st December 2017. Events with less than three (3) athletes will be merged with another category. Clubs are responsible to submit registration of athletes in the events.

1. Sprint-, run- and walk events

60 meter dash	80 meter dash
100 meter dash	200 meter dash
400 meter run	600 meter run
800 meter run	1000 meter run
1200 meter run	1500 meter run
3000 meter run	5000 meter walk
100 meter hurdle	110 meter hurdle

2. Rules for the younger athletes (U-9, U-11, U-13 and U-15):

Each competitor will have the right to take two (2) false starts; if the athlete takes the third false start the athlete will be disqualified.

In track events, the competitors will have to stay inside their assigned lane or could be disqualified for running outside it.

The usage of start-block is permitted for all events of 400 meter and under.

3. High Jumps

Each competitor has a right to complete three (3) tries on each height, starting the jump in two consecutive occasions without completing the jump will constitute a try and will be taken as a foul.

a. The starting height for each category will be:

- Girls/Boys 11-12 100/105 cms
- Girls/Boys 13-14 110/115 cms
- Women Open 130 cms
- Men U18 140 cms
- Men 18+ 150 cms
- Masters tbd during the technical meeting

b. The cross bar will be elevated:

- 5 cms. Until three (3) competitors are left.
- 3 cms. Until finish the last.

4. Long Jumps

a. For the U-9 and the U-11 athletes the take-off should be done from the white zone 1.22m long and 30cm wide 1 meter away in from the edge of the landing pit. This zone is marked with white paint.

For all other athletes the take of zone will be as per IAAF regulation from the standard take-off board.

b. Competitors in the category multi event of U-9, U-11, U-13 & U-15 will have the right to complete three (3) attempts. Athletes of the other categories will have maximum six (6) attempts.

5. Triple Jumps According to IAAF Rules book.

Each competitor will have the right to complete three (3) attempts. Deviation on this rule will be discussed with the coaches during the technical meeting.

6. Baseball Throw

a. A baseball ball (400g.) will be used.

b. The throw must be executed over the shoulder.

c. Competitors in the category of U-9, U-11, U-13 & U-15 will have the right to complete three (3) attempts.

d. A javelin sector will be drawn. Only throws within the sector are valid.

7. Shot put

a. The shot must have a weight of 3 kilograms for U-15 & women U-18, 4 kg for women open, 5 kg for Men U-18, 6 kg for men U-20 and 7.26 kg for 20+ (senior).

b. Each competitor in the category U-15 will have the right to complete three (3) attempts. Athletes of the other categories will have maximum six (6) attempts.

c. The competitors shall use either the full technique or the final phase.

8. Javelin/discuss throw

a. The javelin must have a weight of 500 kg for U-18 women and 600 kg for women open and men U-18 and respectively 700 kg and 800 kg for men U20 and 20+

b. The discuss must have a weight of 1 kg for women open and respectively 1.5 kg, 1.75 kg and 2 kg for men U-18, U-20 and 20+ athletes.

c. Each competitor will have the right to complete maximum six (6) attempts.

The jury of appeal:

The Jury of appeal for the championship consists of the following members:

Mr. Roy Botse, Mr. Rein Persaud and Mr. Grensley Lacroes.

Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the results of that event (**IAAF Rule 146**). The athlete or an authorized representative shall make any protest verbally in the first instance to the official on his/her behalf. The official may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Meet Secretary, signed by a responsible coach on behalf of the athlete and accompanied by a deposit of Fls. 25,= which shall be forfeited if the appeal is not allowed. (**IAAF Rule 146/7**). A photocopy of the protest shall be given to the coach presenting the protest. The copy will detail the time and date of the protest and the payment of the above- mentioned fee.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

Awards and Awards ceremonies:

The winning competitors in each event/categories shall receive a gold medal, the competitor placed second a silver medal and the competitor placed in third a bronze.

The award ceremonies will take place according to the scheme to be submitted.

The athletes should approach the award podium through the call room.

Appropriate sport clothing is mandatory for the ceremonies.

An event is valid for a medal only with participation of three (3) or more athletes. No award will be submitted for events with less than three (3) athletes.

Entrance fee:

Entrance for this competition will be Fls. 3.= per day. Tickets are available at the entrance of the stadium. Coaches will receive their tickets upon registration of their athletes.

Important dates:

12th June Registration open on the website of EasyWare;

<http://www.goeasyware.com>.

19th June: Registration due date at 24:00 hrs. No further registration is possible after this date/hour.

20th June: The starting list will be submitted by mail to the clubs.

21st June: Technical Meeting starting at 19:00 in the TIC at SDK.

During this meeting only **withdrawal** of athletes from the competition or from one or more events is possible.

21st June: Payment due day. All payments to be made preferably using CAB's bank account MCB 27896004. A copy of the bank account should be submitted to the meet treasurer Mrs. Maylayn Phelipa (522-0737) during the technical meeting.

24th and 25th June: Competition days.

Call room:

Athletes to report at the call room 40 minutes before the start of an event. Once an event is closed (20 minutes before the start) no further participation is possible.

Live results:

Live results will be available during and after the competition on:

<http://curacaoatletiekbond.com/competitions.htm>

The live results are powered by UTS.

Events schedule:

See attachment. The event schedule for both days will be issued soon.

Responsibilities:

Coordinator: Arlene Bitorina

Competition Director: Caimin Douglas

Call Room : Tahirah Rosina

Meet Secretary: Etienne Sambo

Meet treasurer: Maylayn Phelipa

Announcer: Altagrasia Brayson

Award presentation: Stacey Rene

Sound System: Igor Cijntje

Food and Beverage: Ruthsella Petronilia

Security: Bito Security

Material and Logistics: Mungo Blanken

Promo : Sidney Valks

Curacao Championships 24 & 25 of June 2017

Saturday 24th of June 2017 Session 1

8:00	63	5000m Walk	OPEN
9:00	19	Long Jump	Boys U11
9:00	78,80	Discus Throw	Women 14-34, 35+
9:05	9	Long Jump	Boys U 9
9:10	59,60	3000m-5000m	Mixed Open
9:20	31	Highjump	Boys U 13
9:50	79,81,82,83	Discus Throw	Men 14-34, 35+
10:05	45	Long Jump	Boys U15
10:45		MEDAL PRESENTATION	
11:50	24	Long Jump	Girls U13
11:05	7	60m	Boys U 9
11:05	4	Long Jump	Girls U 9
11:10	17	60m	Boys U 11
11:10	84,86	Javelin Throw	Women 14-34, 35+
11:20	28	60m	Boys U 13
11:25	42	80m	Boys U 15
11:30	14	Long Jump	Girls U 11
11:35	55	400m Prelims	Women
11:40	56	400m Prelims	Men
12:15	37	Long Jump	Girls U 15
12:20	85,87,88,89	Javelin Throw	Men 14-34, 35+
12:50		MEDAL PRESENTATION	

Saturday 24th of June 2017 Session 2

16:00	68	Long Jump	Women 14-34,35+
16:05	8	Ball Throw	Boys U9
16:05	51	100m Prelims	Women Open
16:10	18	Ball Throw	Boys U11
16:15	52	100m Prelims	Men Open
16:35	34	80m	Girls U 15
16:40	69	Long Jump	Men 14-34, 35+
16:45	2	60m	Girls U 9
16:50	12	60m	Girls U 11
16:50	32	Ball Throw	Boys U13
16:55	22	60m	Girls U 13
17:05	47	Ball Throw	Boys U15
17:30	58	1500m	Mixed Open
17:35	3	Ball Throw	Girls U9
17:50	13	Ball Throw	Girls U11
18:00	51	100m Final	Women OPEN
18:05	52	100m Final	Men Open
18:15	55	400m	Women Open
18:20	26	Ball Throw	Girls U13
18:20	56	400m	Men Open
18:25		MEDAL PRESENTATION	
18:35	39	Ball Throw	Girls U15
19:00		MEDAL PRESENTATION	
19:10	49	4x100m Relay	Mix U 13
19:30	50	4x100m Relay	Mix U 15
19:40	64	4x100m Relay	Women
19:50	65	4x100m Relay	Men
20:00		MEDAL PRESENTATION	

Sunday 25th of June 2017 Session 3

9:00	62	110m Hurdles	Men Open
9:00	30	Long Jump	Boys U13
9:10	61	100m Hurdles	Women Open
9:10	72,74	Shotput	Women 14-34,35+
9:20	43	80m Hurdles	Boys U 15
9:30	35	60m Hurdles	Girls U 15
9:45	53	200m Prelims	Women Open
9:50	54	200m Prelims	Men Open
9:55	24	Long Jump	Girls U13
10:00	46	Highjump	Boys U 15
10:05	38	Highjump	Girls U 15
10:10	10	600m	Boys U 9
10:15	15	600m	Girls U 11
10:20	29	1000m	Boys U 13
10:25		MEDAL PRESENTATION	
10:45	5	400m	Girls U 9
10:45	66	High Jump	Women 14-34,35+
10:50	20	800m	Boys U 11
10:55	67	High Jump	Men 14-34, 35+
10:50	48	Shotput	Boys U 15
11:00	57	800m	Mixed Open
11:05	70	Triple Jump	Women 14-34,35+
11:10	23	800m	Girls U 13
11:25		MEDAL PRESENTATION	
11:30	71	Triple Jump	Men 14-34,35+
11:40	40	Shotput	Girls U 15
11:50	44	1200m	Boys U 15
12:00		MEDAL PRESENTATION	
12:25	73,75,76,77	Shot Put	Men 14-34, 35+
12:35	36	1000m	Girls U 15
12:40	53	200m Final	Women OPEN
12:45	54	200m Final	Men OPEN
12:50		MEDAL PRESENTATION	