

## **AGE GROUP QUALIFICATION & PRE NATIONALS COMPETITION 2017**

### **Time and days:**

Saturday : 20th May 2017 14:00 - 18:00  
Sunday : 21st May 2017 08:30 - 11:30

### **Venue:**

Stadion Ergilio Hato at Brievengat

### **Set-up:**

Four (3) competitions in one;

- I. Kids (6/7/8 and 9/10) sprint, long distance, ball throw & long jump.  
For this competition a category U-7 should be registered U-9, 6 years of age.
- II. Age Group (11/12) sprint, long distance, ball throw, high jump & long jump.
- III. Age Group(13/14) sprint, long distance, ball throw, high jump & long jump, shot put & hurdles.

### **Regulation and scores:**

Except in cases where something else is specified, the IAAF competition rulebook and the NACAC age group combined events scoring tables will be used. Photo finish equipment will be used for the track events.

This competition is a multi-events competition and is based on a total points score. To get a total points score an athlete should take part in all the 4, 5 or 7 events in his category.

### **Participation:**

All Age Group athletes registered via their clubs are allowed to participate.  
To compete start license of Fls. 20.= per athlete for 2017 must have been paid.  
A competition participation fee of Fls. 5,= per athlete is applicable.

From this competition only the 8 athletes with the highest accumulated points will continue to participate in the Curacao Nationals Championships.

Only if the total registered athletes on the 1<sup>st</sup> day of the competition in a category that exceeds 22 athletes, 16 athletes will continue to the Nationals.

### **NACAC AGE GROUP Championship in Trinidad on 17<sup>th</sup> and 18<sup>th</sup> 2017 :**

The 2 athletes with the highest accumulated points will form part of the National selection to participate in NACAC Age Championship. Category U-13; boys and girls and U-15; boys and girls. Please refer to the selection info.

Since this is the only selection competition, an athlete who cannot compete for one reason or the other cannot form part of the selection and or continue to participate in the Nationals.

### **Technical meeting:**

Thursday 18<sup>th</sup> May at 19:00 hrs. in CAB Office at SDK.  
All final details will be discussed during this meeting.

All changes discussed and agreed upon during the technical meeting will be considered an official part of this meet.

The registration fee (Fls. 5.=) should also be paid before the technical meeting via deposit and a copy should be given to the board member in charge.

### **Athletes' Registration:**

Registration should be done via the website of Easyware.

The registration deadline is, Tuesday May 16<sup>th</sup>, 2017 at 24:00 hrs.

Please enter an athlete into an event providing the **best mark** (if available). Providing this best mark of the athlete is of interest for the athletes, coaches and other to see the start list and development in a later stage. With the seed mark; the athlete will also get the most appropriate position in the lanes during track events.

### **Registration fee is: Fls. 5,= per athlete registered with a CAB club.**

A copy of the bank transaction should be submitted to the board member in charge for the federation during the technical meeting.

Payment due date is Tuesday May 16<sup>th</sup>, 2017 transaction form should be handed over to the board in the technical meeting.

### **Bib numbers:**

All athletes should wear their one (1) originally **printed** bib number during the competition. Self-made number will be not accepted.

**The usage of bib numbers is mandatory.**

### **Events, categories and technical rules:**

All athletes should be registered according to their age on 31st December 2017.

Events with less than three (3) athletes will be merged with another category if possible.

Clubs are responsible to submit registration of athletes in the events.

#### **1. SPRINTING EVENTS:**

- 60 meter dash
- 80 meter dash
- 60 meter hurdles (girls)
- 80 meter hurdles (boys)

Hurdle measurements for girls: (6 hurdles) height: 0.76 meter – 30"

- Start to 1st hurdle 12.00 meters
- Between hurdles 8.00 meters
- Last hurdle to finish line 8.00 meters

Hurdle measurements for boys: (8 hurdles) height: 0.84 meter – 33"

- Start to 1st hurdle 13.00 meters
- Between hurdles 8.50 meters
- Last hurdle to finish line 7.50 meters

Starting block is optional but all athletes have to start the sprint events in a starting position. The athletes will receive 2 commands: "on your marks" and "set" before the gun shot.

- Each competitor will have the right to take two (2) false starts; if the athlete takes the third false start the athlete will be disqualified.

- In track events, the competitors will have to stay inside their assigned lane and could be disqualified for running outside their lanes.
- In order to obtain points all competitors will have to complete each race. A competitor who falls will have to stand up and finish the race to accumulate points.

## 2. HIGH JUMP

Each competitor has a right to complete three (3) tries on each height, starting the jump in two consecutive occasions without completing the jump will constitute a try and will be taken as a foul.

- a. The starting height for each category will be:
  - Boys 11-12 1.10 cms.
  - Boys 13-14 1.25 cms.
  - Girls 11-12 1.00 cms.
  - Girls 13-14 1.15 cms.
- b. The cross bar will be elevated:
  - 5 cms. Until three (3) competitors are left.
  - 3 cms. Until the event is completed.

## 3. LONG JUMP

- a. The takeoff board will be white and it must be 1.22meter long and 30cm. wide.
- b. The takeoff board must be set at least 2.00meter away from the landing pit.
- c. Each competitor will have the right to complete three (3) attempts.

## 4. BASEBALL THROW

- a. A baseball ball (400g.) will be used.
- b. The throw must be executed over the shoulder.
- c. Each competitor will have the right to complete three (3) attempts

## 5. SHOT PUT

- a. The shot must have a weight of 3 kilograms.
- b. Each competitor will have the right to complete three (3) attempts.
- c. The competitor shall use either the full technique or the final phase.

## 6. RELAYS

- a. A 4x100m. mixed gender relay will be run for each category. (Infantile B and Infantile A) (The relay must be composed of two (2) boys and two (2) girls)  
The order of the team is a decision of each team
- b. The Exchange zone of the baton will be of twenty (20) meters and there will be no pre-zone or acceleration zone.
- c. No points will be awarded for the relays. Only the winner will be awarded.

### **The jury of appeal:**

Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the results of that event (**IAAF Rule 146**). The athlete or an authorized representative shall make any protest verbally in the first instance to the Referee on his/her behalf. The Referee may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Meet Secretary, signed by a responsible coach on behalf of the athlete

and accompanied by a deposit of Fls. 25,= which shall be forfeited if the appeal is not allowed. **(IAAF Rule 146/7)** A photocopy of the protest shall be given to the coach presenting the protest. The copy will detail the time and date of the protest and the payment of the above- mentioned fee.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

#### **Awards and Awards ceremonies:**

The **overall** winning competitors in each category shall receive a gold medal, the competitor placed second a silver medal and the competitor placed in third a bronze. (U7, U9, U11, U13, U15)

The award ceremonies will take place according to the scheme attached.

The athletes should approach the award podium through the medal stand

Appropriate sport clothing is mandatory for the ceremonies.

A category is valid for a medal only with participation of three (3) or more athletes.

**Only the winning team will receive gold medals for the relay.**

#### **Entrance fee:**

The general entrance fee will be Fls. 3.=. Tickets are available at the gates one hour before the competitions.

#### **Important dates:**

**12<sup>th</sup> May:** Registration opens via the website of Easyware.

**16<sup>th</sup> May:** Registration due date at 24:00 hrs. No further registration is possible after this date/hour.

**17<sup>th</sup> May:** The starting list will be submitted by mail to the clubs for verification.

**18<sup>th</sup> May:** Technical Meeting starting at 19:00 in the CAB office at SDK.  
During this meeting only **withdrawal** of athletes from the competition is possible.

**18<sup>th</sup> May:** Payment due day. All payments to be made using CAB's bank account MCB 27896004. A copy of the bank account should be submitted to the meet treasurer during the technical meeting.

Cash payment is not possible during the technical meeting.

**20<sup>th</sup> and 21<sup>st</sup> May:** Competition days according to schedule.

#### **Call Room:**

The Call Room will be located at the warm up field at the west side of the stadium.

All athletes must report to the call room to be entered in the competition.

Report Time: first call will be 40 minutes before schedule of event.

Event closes 15 minutes before schedule of event.

Once an event is closed no further participation is possible.

20 <sup>th</sup> MAY 2017		
Start	Event Inside Stadium	Categories
	<b>RUNNING</b>	
14:00	60m U13 (2 heat)	F
14:15	60m U13 (2 heat)	M
14:30	80m U15 (2 heat)	F
14:45	80m U15 (2 heat)	M
15:00	60m U11 (2 heat)	F
15:15	60m U11 (4 heat)	M
15:30	60m U7, U9 (3 heat)	F
15:45	60m U7, U9 (2 heat)	M
	<b>JUMPING/THROWING</b>	
14:00	Long Jump Girls (2 attempts)	U-7/U-9
14:45	Long Jump Boys (2 attempts)	U-7/U-9
14:00	Ball Throw Boys (2 attempts)	U-11
14:00	Ball Throw Girls (2 attempts)	U-11
15:00	Long Jump Girls (3 attempts)	U-15
15:00	Shot Put Boys (3 attempts)	U-15
14:30	High Jump Girls/Boys (100cm)(110cm)	U-13
15:30	Ball Throw Girls (3 attempts)	U-13
16:30	Ball Throw Boys (3 attempts)	U-13
16:00	Ball Throw Girls (2 attempts)	U-7/U-9
16:45	Ball Throw Boys (2 attempts)	U-7/U-9
15:30	Long Jump Girls (2 attempts)	U-11
16:15	Long Jump Boys (2 attempts)	U-11
16:00	Long Jump Boys (3 attempts)	U-15
16:00	Shot Put Girls (3 attempts)	U-15
17:00	Relay Mix U-15 4 x 100m	
17:15	Relay Mix U-11 4 x 100m	
17:30	Relay Mix U-13 4 x 100m	
17:45	Relay Mix U-7/U-9 4 x 100m	
18:00	Closing	
First call 40 min before start of event. Event closes 15 min before start.		

<b>21<sup>st</sup> MAY 2017</b>		
Start	<b><u>Event Inside Stadium</u></b>	Categories
	<b>JUMPING/THROWING</b>	
9:00	Long Jump Girls (3 attempts)	U-13
8:45	High Jump Girls (115cm)	U-15
9:00	High Jump Boys (125cm)	U-15
9:45	Ball Throw Girls (3 attempts)	U-15
10:00	Ball Throw Boys (3 attempts)	U-15
10:00	Long Jump Boys (3 attempts)	U-13
	<b>RUNNING</b>	
8:30	60m Hurdles U-15 2 heat	F
8:45	80m Hurdles U-15 2 heat	M
10:00	400m U-7/U-9	F
10:15	800m U-11	M
10:30	600m U-7/U-9	M
10:40	600m U-11	F
10:50	800m U-13	F
11:00	1000m U-15	F
11:10	1200m U-15	M
11:20	1000m U-13	M
11:30	Overall Winner award	
<b>First call 40 min before start of event. Event closes 15 min before start.</b>		